



# Waterloo Primary Academy School Meals

 <b>Autumn/Winter Menu</b> <b>Week 1</b>	Monday	Tuesday	Wednesday	Thursday	Friday
	Salmon Fish Cakes, Mash & Beans	Meat & Potato Pie, Carrots and Peas	Turkey, Mash Potato, Carrots & Swede, Yorkshire Pudding & Gravy	Quorn Vegetable Curry with 50/50 Rice	Pizza, Potato Wedges, Carrot & Cucumbers
	Cheese & Tomato Basil Pasta	Creamy Ham & Cauliflower Pasta	Macaroni Cheese	Sausage, Tomato and Bean Pasta	Vegetable Pasta
	Jacket Potato with either Tuna, Cheese or Beans	Jacket Potato with either Tuna, Cheese or Beans	Jacket Potato with either Tuna, Cheese or Beans	Jacket Potato with either Tuna, Cheese or Beans	Jacket Potato with either Tuna, Cheese or Beans
	Apple & Cherry Pie and Custard	Jelly with Mixed Fruit	Lemon Drizzle Cake	Ice Cream	Watermelon with Orange 1/4

 <b>Autumn/Winter Menu</b> <b>Week 2</b>	Monday	Tuesday	Wednesday	Thursday	Friday
	Brunch - Bacon, Sausage, Beans, Tomato & Hash Brown	Quorn Curry with 50/50 Rice	Gammon, Mash Potato, Carrots, Peas, Yorkshire Pudding & Gravy	Cottage Pie with carrots and peas	Pork/Beef Meatballs with sauce & Pasta
	Creamy Tomato Pasta	Creamy Cheese & Ham Pasta	Creamy Cheese Broccoli	Quorn 50/50 rice (peas, sweetcorn), sweet chilli sauce	Tomato and bean Pasta
	Jacket Potato with either Tuna, Cheese or Beans	Jacket Potato with either Tuna, Cheese or Beans	Jacket Potato with either Tuna, Cheese or Beans	Jacket Potato with either Tuna, Cheese or Beans	Jacket Potato with either Tuna, Cheese or Beans
	Pancake with fruit	Ice Cream	Watermelon	Chocolate Muffin Custard	Jelly with fruit



**Autumn/Winter  
Menu  
Week 3**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	Chicken & Vegetable Pie with gravy	Spaghetti Bolognaise	Sausage, Mash and Beans	Chilli 50/50 Rice	Fish Fingers, Potato Wedges & Beans
	Vegetable 50/50 Rice with/out sweet chilli sauce	Creamy Turkey Pasta	Cheese & Tomato Pasta	Creamy Ham Pasta	Tomato Basil Pasta
	Jacket Potato with either Tuna, Cheese or Beans	Jacket Potato with either Tuna, Cheese or Beans	Jacket Potato with either Tuna, Cheese or Beans	Jacket Potato with either Tuna, Cheese or Beans	Jacket Potato with either Tuna, Cheese or Beans
	Short cake biscuits	Marble Cake	Frozen Yoghurt	Orange ¼ & Honey Dew Melon	Rice Pudding